



en Bed Grab rail GR2 80/ 90 - User manual



### 1. Intended use

The Bed Grab rail GR280/90 provides stable support to assist clients getting into and out of bed. When in bed the rail can be used to aide users rising to a sitting position or repositioning when lying.

This product is designed to use with 80 or 90 cm metal frame beds with 50 x 20 mm rectangular side tubes.

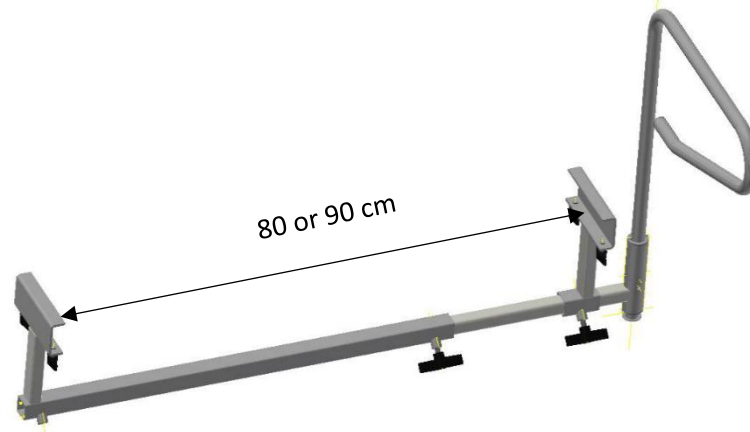


Fig.1

### 2. Unpacking

Remove packaging and check all parts carefully. Contact your supplier immediately if any parts are missing or damaged and do not try to install.

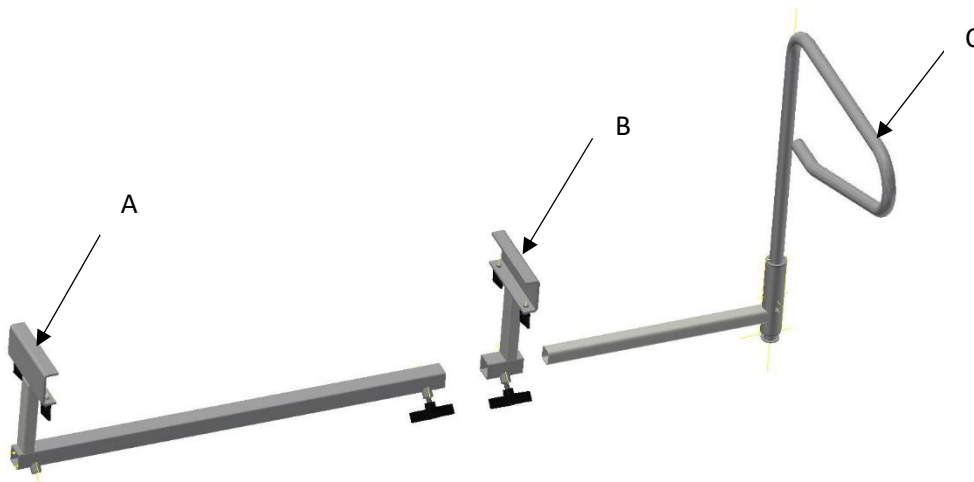


Fig.2

### 3. Maximum user weight:

The rail is designed to safely support a user up to 135 kg

Includes forces during:

Sitting up

Standing

Repositioning

**DO NOT** exceed this limit.

### 4. Assembly instructions:

Connect section A, section B and the section with a handle C, the distance between section B and section C should be no more than  $55 \pm 2$  mm ( see fig. 3). Tighten all wing bolts securely.

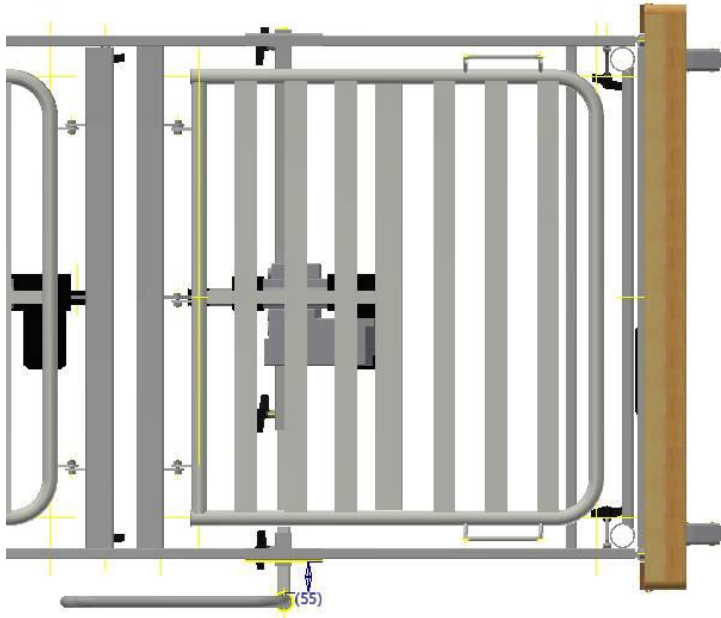


Fig.3

**5. Installation:**

**DO NOT** install this product on a damaged bed.

Fit the grab rail to the side of the bed on which the person normally gets out. Position the bed grab rail so that the patient can reach it from a lying position without having to stretch.

The distance between the grab rail and the headboard should be  $568 \pm 10$  mm. ( Fig.4).

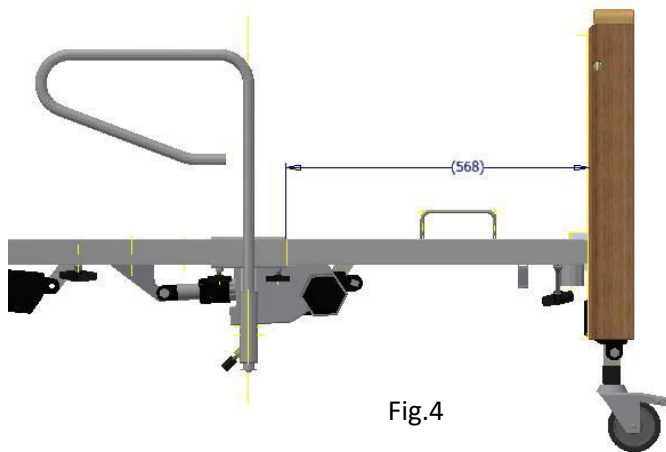


Fig.4

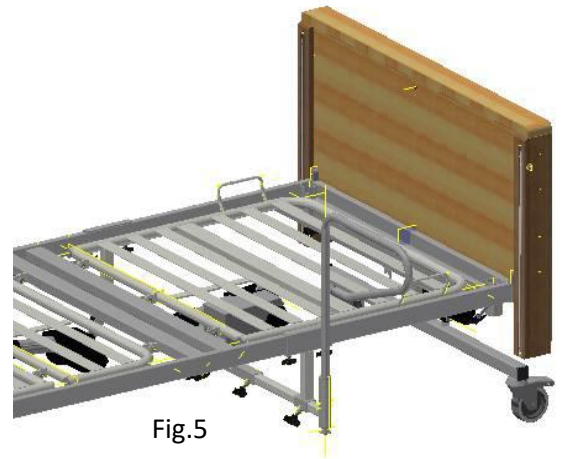


Fig.5

**6. How to use the bed grab rail:**

Use the handle to sit up on the bed.

Lift and rotate the handle 90 degrees and push down (Fig.5).

When getting out of bed, use the side rail for extra support and stability as you stand up.

Stand with your back to the bed and your feet touching the side of the platform. Hold onto the handrail for support as you sit on the surface of the bed.

Lift and rotate the handle 90 degrees and press down to lock it into the position shown in Fig. 4.

Using the rail for added support, swing your legs onto the bed and position yourself comfortably.

### *7. Maintenance:*

Weekly: Check that the grab rail is correctly positioned and the bolts are secure and tight.

Regularly: Inspect the product regularly for signs of wear or damage.

Any suspected faults or damage should immediately be reported to the supplier and the product taken out of use.

### *8. Cleaning*

Clean regularly using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface.

Allow the product to dry fully prior to use/storage.

[www.nipim.org](http://www.nipim.org)



NIPI-M  
Znanie 10 str.  
6007 Stara Zagora  
Bulgaria